

A goodnight ritual from the story

Keep this 5 x 7-inch card nearby as a gentle prompt. Use the parts that feel right for your family.



Love stays

A simple way to carry the book's bedtime ritual into your own home.

READ > PRESS > LOOK > GOODNIGHT

1

Read

Share the story together.

2

Press

Press or draw the Hug Button.

3

Look

Find the moon you both can see.

4

Goodnight

Say goodnight, knowing love stays.

An optional hug for later: leave a Hug Note somewhere it can be found tomorrow.

Use the parts that feel right for your family.